

Theatre Workshop

27th September, 2019

A theatre workshop was organised at Institute of Vocational studies for the students of B. Ed and D. El. Ed. A resource person Mr. Vashishth Upadhyay conducted it. The students were introduced to the magnificent world of theatre. It covered different



aspects of acting ranging from movement, voice, improvisation and stage knowledge. The roots of art, music and dance can be traced back to the era of early man. The early man learnt to express his innate creativity by painting on



cave walls and produced music by listening to natural sounds and repeating them. Mr. Upadhyay explained how theatre could be used as a means not only in terms of exploring the unexplored or hidden ability to act but also by shedding the inhibitions associated with performing in front of an audience. The teacher told us about a range of significant details which

can be kept in mind while we are performing on stage, for example, one should walk tall with head held high, shoulders back and a smile across one's face, one should always make an eye contact during a conversation. Interestingly, all these tips can be incorporated in real life situations too which would help us grow as a confident individual. The aspiring teachers were equipped with the tools of dramatic expression which can be used



to enhance the teaching- learning process e .g, if the students have to be taught



about the characteristics of a desert, they can be asked to imagine the peculiar features of a desert and enact it in their favourite icon's way. This would generate interest among them, make them focus on the topic better and would nurture and

utilize their creative abilities to the utmost. Students were given creative freedom to improvise and come up with own stories. Every student participated in the given tasks with great zeal and enthusiasm. All the students found the experience novel and immensely engaging.